



Post-Deployment Rehabilitation and Evaluation Program (PREP)



James A. Haley Veterans Hospital

The Tampa Polytrauma Rehabilitation Center is one of five VA facilities in the country designed to provide intensive rehabilitative care to Veterans and Active Duty Service Members who experienced physical and or mental health injuries.

Vision Statement

We believe in the resilience of our nations' Veterans and Active Duty Service Members as they face challenges posed by mental and physical injuries sustained in combat. We seek to bridge gaps in continuity of care by combining physical rehabilitation programming with evidence-based mental health treatment. Our team is interdisciplinary, with a shared patient-centered, holistic philosophy of care that tailors treatment plans to the needs of the individual.

Mission Statement

Our mission is to provide each Active Duty Service Member / Veteran with compassionate, state-of-the-art treatment services focusing on rehabilitation and mental health needs. Community reintegration and a comprehensive plan for restoration of function are paramount. Our ultimate aims are to assist in improving functional abilities, reduce symptom complaints, stabilizing psychological distress while restoring confidence and a sense of mastery, enhancing family relationships, and assisting Active Duty Service Members / Veterans with ongoing recovery.

Program Overview

PREP evaluation and treatment programs are unique, nationally recognized intensive inpatient rehabilitation and mental health treatment programs.

Phase I - Includes a comprehensive individualized evaluation to examine physical, cognitive, and mental health symptoms.

Phase II - For appropriate patients, admission to our treatment arm includes intensive treatment for post deployment/combat related injuries encompassing both physical and mental health symptoms. Emphasis is placed on persistent post-concussive symptoms, post-deployment readjustment issues and mental health functioning. Our treatment is collaborative and facilitated by an interdisciplinary team that can address both rehabilitation and mental health needs simultaneously.

These innovative programs were developed to meet the complex needs of our Active Duty Service Members and Veterans. We provide comprehensive interdisciplinary care, effective treatment, and supportive services which focus on those who have a history of TBI and post-deployment distress, with the ultimate goal of promoting successful family, occupational, academic, and community reintegration.

Appropriate candidates for **PREP** include individuals who have had a known or suspected mild TBI and are experiencing functional difficulties in everyday life as result of post-deployment stress.



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Services Provided in the Program

Headache Treatment
Individual Prolonged Exposure Therapy for PTSD
Insomnia and Apnea Treatment
Medical Care / Medication Management
Pain Management
Attention & Memory Rehabilitation
Vision Therapy
Audiological Rehabilitation
Relaxation Training

Anger Management
Vestibular Therapy
Physical Therapy/Core Training
Cognitive Balance Group
Adaptive Sports
Community & Family Reintegration
Cognitive Rehabilitation
Multi-sensory rehabilitation
Vocational Rehabilitation

Referral and Admission Information

For information, please contact phone: (813) 972-2000 / Toll Free (888) 716-7787

- **PREP** POC, ext. 3415 Email: [POC email address](#)
- Admissions Coordinator, ext. 6149 Email: [Admissions Coordinator email](#)

For Additional Program General Information please contact:

(813) 972-2000 / Toll Free (888) 716-7787

- TBI Case Manager, ext. 2924 Email: [TBI Case Manager email](#)

General Referral Information:

PREP referral packets and forms can be downloaded from the **PREP** website at: [PREP Website](#)

PREP Referral packets, required forms and medical records can be faxed to 813-631-3981 (desktop) or 813-631-6764 (alternate) or via secured email if not too large. Last result, US Postal mail or hand carried to JAH (if a local referral).

DVA & GST Tests

