

## JAMES A. HALEY VETERANS HOSPITAL

The Tampa Polytrauma Rehabilitation Center is one of five VA facilities in the country designed to provide intensive rehabilitative care to veterans and service members who experienced physical and or mental health injuries.

PREP evaluation (Phase I) and treatment (Phase II) programs are unique, nationally recognized intensive inpatient rehabilitation and mental health treatment program.

These innovative programs were developed to meet the complex needs of our returning service members and veterans. We provide comprehensive interdisciplinary care, effective treatment, and supportive services which focus on those who have a history of TBI and post-deployment distress, with the ultimate goal of promoting successful family, occupational, academic, and community reintegration.

Appropriate candidates for PREP include individuals who have had a known or suspected mild TBI and are experiencing functional difficulties in everyday life as result of post-deployment stress.



## REFERRAL & ADMISSION INFORMATION

For information, please contact:

Phone: (813) 972-2000 / Toll Free (888) 716-7787

PREP POC, ext. 3415

Email: carlos.rivera5@va.gov

Admissions Coordinator, ext. 6149

Email: debbie.shepherd@va.gov

## For additional program general information please contact:

Phone: (813) 972-2000 / Toll Free (888) 716-7787

TBI Case Manager, ext. 2924

Email: sandra.dunaway@va.gov



## Web Site:

<http://www.tampa.va.gov/services/PREP.asp>

13000 Bruce B. Downs Blvd. Tampa, FL 33612

Phone: (813) 972-2000 or Toll Free: (888) 716-7787

# Post-deployment Rehabilitation & Evaluation Program

# PREPare



Helping our brave servicemen  
and women **PREPare** for Life  
after combat

## PROGRAM OVERVIEW

The PREP program encompasses two phases.

### Phase I

Includes a comprehensive individualized evaluation to examine physical, cognitive, and mental health symptoms.

### Phase II

For appropriate patients, admission to our treatment arm includes intensive treatment for post deployment/combat related injuries encompassing both physical and mental health symptoms.

Emphasis is placed on persistent post-concussive symptoms, post-deployment readjustment issues and mental health functioning. Our treatment is collaborative and facilitated by an interdisciplinary team that can address both rehabilitation and mental health needs simultaneously.

Our nation is facing an ever going growing number of returning service members who have paid for the cost of freedom and have earned the need for quaternary care. Often service member present with injuries related to concussion, chronic pain, poor sleep, cognitive difficulties, poor interpersonal relationships, and PTSD.

## SERVICES PROVIDED IN THE PROGRAM

- Headache Treatment
- Individual Prolonged Exposure Therapy for PTSD
- Insomnia and Apnea Treatment
- Medical Care / Medication Management
- Pain Management
- Attention & Memory Rehabilitation
- Vision Therapy
- Audiological Rehabilitation
- Relaxation Training
- Anger Management
- Vestibular Therapy
- Physical Therapy/Core Training
- Cognitive Balance Group
- Adaptive Sports
- Community & Family Reintegration
- Cognitive Rehabilitation
- Multi-sensory rehabilitation
- Vocational Rehabilitation

## VISION STATEMENT

We believe in the resilience of our nations' veterans and active duty service members as they face challenges posed by mental and physical injuries sustained in combat. We seek to bridge gaps in continuity of care by combining physical rehabilitation programming with evidence-based mental health treatment. Our team is interdisciplinary, with a shared patient-centered, holistic philosophy of care that tailors treatment plans to the needs of the individual.

## MISSION STATEMENT

Our mission is to provide each service member/veteran with compassionate, state-of-the-art treatment services focusing on rehabilitation and mental health needs. Community reintegration and a comprehensive plan for restoration of function are paramount. Our ultimate aims are to assist in improving functional abilities, reduce symptom complaints, stabilizing psychological distress while restoring confidence and a sense of mastery, enhancing family relationships, and assisting veterans/service members with ongoing recovery.

*Referral, Admission  
and Additional Program  
Contact Information  
can be found on the  
back of this brochure*

